

Problem Gambling Services



Announcements

Oregon Department of Human Services

Addictions and Mental Health Division

July 2009

Staff changes? Please notify **Patricia** ASAP so we can keep our records current! patricia.alderson@state.or.us

From Paul's Desk

We start the 09-11 biennium in better budget position than we thought we might with a Legislatively Approved Budget of \$11.6M. Unfortunately, reductions were taken in the Problem Gambling Treatment Fund and the Lottery is expecting deposits coming into the Fund to be lower than in the past. Therefore the rate increase that was included in the contracts will not be funded and we will revert to the previous billing rates. The Base Funding for Rural and Frontier counties is moving forward and I am excited about this development and expect to see return on this investment in the future. Outreach billing codes have been added and guidelines and limitations published. The 09-11 SE 81 with Outreach Billing Guidelines are posted on the AMH website. The Action Teams are wrapping up their work and next month I will address the next steps in this process.

Thank you for your hard work and commitment to the field. It is indeed an honor to serve you all. Until next month...

Job Opportunity

Cascadia is currently seeking a full-time Problem Gambling Counselor in Clackamas, OR. To learn more, please visit their website:

<http://www.cascadiabhc.org/careers.html>

AD 80 Reminders

Problem gambling prevention implementation plans are due July 31 and annual reports are due August 31; templates and instructions for each were emailed several weeks ago and are also available on the problem gambling prevention coordinators website at <http://lanecounty.org/prevention/pgs/pgs-reporting.htm> (look under "Templates"). If you need help or have any questions please call or email Wendy Hausotter.

The Family Treatment Action Team has developed tips on including family members in treatment. These tips have dramatically increased family enrollment in one agency.

1. Make counselors accessible to clients when the client calls in to inquire about treatment. This may include the counselor carrying a cell phone or blackberry.
2. The counselor sets the tone for what is expected in treatment. Starting with statements such as "who are you bringing with you to treatment" or "who would you like to be involved in your treatment" can set the expectation that treatment will involve more than just the client.
3. We know from research that family involvement increases success rates for problem gamblers. Provide the client and family member with rationale for family involvement in treatment.
4. If the client is willing, have them sign a release, then call the family member(s) and invite them to attend ONE session. Emphasize how helpful it would be for you to hear directly from the family how the gambling is affecting them as well as any solutions they can offer. If they come in once, they may feel more comfortable coming back. If not, at least they know who you are and may be an ally in the gambler's recovery.
5. Have groups available for family members.
6. Education is a non-threatening aspect of involving family members. Offer an educational component for families.

If you have any questions about using these tips or have some of your own that you would like to share, please contact Jackie Fabrick at jackie.fabrick@state.or.us or 503-945-7815.

PGS Prevention Webinar: Sept 23 10 am to noon

New Resources for PG Prevention (2CEUs)

Join us to take a look at some great new resources you can use in your local problem gambling prevention and general awareness efforts...from the comfort of your own desk...and earn 2 CEUs! More info will be sent out next month, so for now mark your calendar and stay tuned!

Quarterly PGS Provider Meetings
 These will be Go-To meetings:
 9-10:30 a.m.
 Nov. 12, 2009, Feb 11, 2010,
 May 13, 2010
 More info to follow

Problem Gambling Services Staff
DHS Problem Gambling Services web site: <http://www.oregon.gov/DHS/addiction/gambling.shtml>

Helpline website: 1877mylimit.org

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