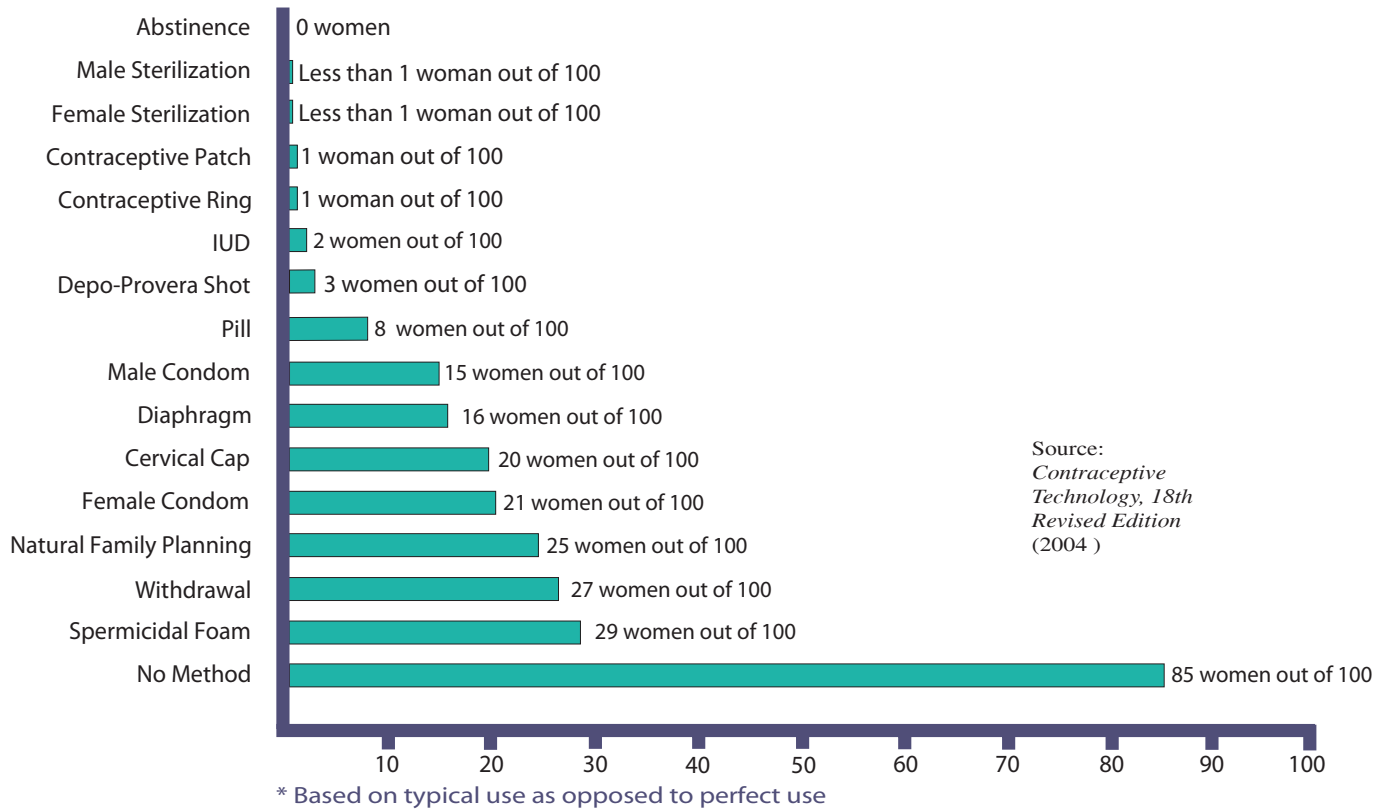


How well your birth control method works for you depends on how well you use it.

The numbers below show how many women out of 100 get pregnant the first year they use birth control methods.*



Emergency contraceptive pills are very effective if taken soon after unprotected sex — within three days (72) hours is best, but they may work up to 120 hours after sex.

Not everyone's birth control needs are the same. Family planning clinics will help you find a method that works for you and your lifestyle.

Choose a method that is right for you!