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Are you being pressured to have sex?

Many teens feel forced into saying "yes" to sex.

Have you recently:

- Been pressured to have sex by a friend, date or relative?
- Felt that you wanted to have sex to just "get it over with?"
- Had sex without using a condom because your partner did not want to use one (even though you did)?
- Said "yes" to sex when you did not want to?
- Felt like "everyone else is doing it?"
- Had too much to drink or used drugs and had sex, even though you did not want to?
- Had sex that made you feel afraid or guilty?
- Had sex and then had doubts about your decision or felt bad about it?
- Had sex because you felt like you couldn't say "no?"

If you answered "yes" to any of these questions, you may be under pressure to have sex when you don't want to have sex. Talk to a trusted friend, adult, school counselor, or local health clinic nurse.

Reference: Preventing Sexual Coercion Among Adolescents Training Guide; Emory University School of Medicine; Atlanta, Georgia 2003. Funded in part by a grant from the US DHHS - OPA, National Sexual Assault Hotline 1-800-656-4673. Available for downloading from our Web site at www.healthoregon.org/fp



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