

*Today's Youth - Tomorrow's Voice*

## **ADOLESCENT SEXUALITY CONFERENCE**

April 6-7, 2009  
Seaside Convention Center  
Seaside, OR

### **Registration Materials**

**Steering Committee for the  
2009 Adolescent Sexuality Conference  
includes:**

AmeriCorps HOPE \* Cascade AIDS Project \* Insights Teen Parent Program  
Open Adoption & Family Services \* Oregon Attorney General's Sexual Assault Task Force  
Oregon DHS, CAF Self-Sufficiency Programs \* Oregon DHS, District 5  
Oregon Public Health, Adolescent Health Program \* Oregon Public Health, HIV/STD/TB Program  
Oregon Teen Pregnancy Task Force \* Pathfinder Academy \* Planned Parenthood of the Columbia-Willamette  
Planned Parenthood of Southwestern Oregon \* Project Red Talon, Northwest Portland Area Indian Health Board  
PSU, Center for the Improvement of Child and Family Services  
PSU, Regional Research Institute \* Selby Stebbins \* Aylett Wright \* VDAC

## REGISTRATION INFORMATION

**Who Should Attend:** This conference is for educators, health personnel, administrators, counselors, social and youth service workers, parents, clergy, teen parent program staff, teens, community members and others who wish to increase their knowledge and skills in addressing adolescent sexuality issues. Emphasis is on covering a wide spectrum of adolescent sexuality topics.

### **Conference Site:**

Seaside Convention Center / 415 First Avenue / Seaside, OR 97138 / Phone: 503-738-8585  
[www.seasideconvention.com](http://www.seasideconvention.com)

### **Registration Information:**

Early Bird Registration Fee through March 10, 2009:	\$125.00
Registration Fee after March 10, 2009:	\$175.00
Youth Fee:	\$ 60.00
Presenter (no fee) (One presenter per workshop):	\$ 0.00
Co-Presenter (One co-presenter only, additional at regular fee):	\$ 60.00

### **Register on-line at [www.asc-oregon.org](http://www.asc-oregon.org) by March 24:**

Payment Options:

- 1) Register and pay on-line by credit card.
- 2) Register on-line and make payment by check or purchase order.

Please make payable to:

Oregon Teen Pregnancy Task Force (OTPTF)  
P.O. Box 12125  
Portland, OR 97212  
Tax ID# 93-0836221

If payment is for multiple attendees, please list names of attendees.

No refunds will be made for cancellations received after March 24, 2009. Refunds made prior to that date will be subject to a \$20.00 processing fee.

CEU's and clock hours are available at the conference. For information please contact: Bill Baney, Portland State University, Phone: 503-725-5914, [baneyw@pdx.edu](mailto:baneyw@pdx.edu).

### **Lodging:**

Lodging reservations or cancellations are the responsibility of the participants.

There are many options for staying in Seaside including hotels, motels, bed and breakfasts, and vacation homes for rent. A lodging list and tourist information are available from the Seaside Visitors Bureau by calling 1-503-738-3097.

The following hotels have agreed to offer conference rates. Please identify yourself as an attendee of the Adolescent Sexuality Conference to obtain the group rate.

Inn at Seaside (formerly Seaside Convention Center Inn)	800-699-5070 or 503-738-9581
Holiday Inn Express Hotel	888-HOLIDAY or 503-717-8000
Rivertide Suites	877-871-tide (8433)
Shilo Inn Suites Hotel	800-222-2244 or 503-738-9571
Best Western Ocean View Resort	800-234-8439 or 503-738-3334
The Seaside Oceanfront Inn	800-772-7766

**Meals provided:** Continental Breakfast and lunch are provided April 6<sup>th</sup> & 7<sup>th</sup>.  
Refreshments served at the Monday evening, April 6<sup>th</sup> event.

**Dress:** Dress for the meeting is casual attire.



**Bookstore:** Cannon Beach Book Co. will be on site with a selection of books for purchase.  
<http://www.cannonbeachbooks.com>

# Adolescent Sexuality Conference

## Keynote Attractions

### Glynis Shea, BA

#### ***Neither Naughty nor Nice: A Productive Frame for Young People and Sexuality***

Communication skills are not just for advocates and advertisers – everyone working with youth services has a vital role to play in building public will. Whether your communication is successful or damaging, fruitful or unproductive depends on your knowledge, skills, and confidence.

You will learn the secret of advertisers' success and apply this insight to your own challenges. Communications research conducted by the Framework Institute will reveal public perceptions of youth and youth programs then inform strategies and messages that build public support for young people.

### Barbara Huberman, RN, BSN, MEd

#### ***MOVE ON PARENTS Discovering What Activates Parents to Support Comprehensive Sex Education***

In 2007, Advocates for Youth and SIECUS collaborated on a study to identify emotional and psychological “triggers” that can help move parents from passive to engaged advocates for comprehensive sex education. Thirty seven (37) in-depth interviews with parents in four major cities were conducted by Apter International, a social research firm for the 2 national organizations.

The results of these interviews will be presented as well as implications for engaging parents as advocates for comprehensive sex education.

### Affinity Groups

Roundtable discussions provide opportunities for participants to share information, discuss best practices and challenges, and to encourage dialogue on variety of topics important to Adolescent Sexual Health. Knowledgeable community partners will facilitate the discussions which will offer a safe space for all interested parties to collaborate, share and problem solve.

### Planned Parenthood of Southwest Oregon Teen Theatre Members

(Kyndra Laughery, Teen Theatre Coordinator and Shannon Kilduff, Youth Advocacy Coordinator)

#### ***Bridging the Gap: Using Interactive Theatre to Improve Youth-Adult Communication***

This session will present a project designed to improve communication between adolescents and health care professionals, parents and adults who work with youth. The teens will demonstrate several interactive role-plays about youth-adult communication, used for health care provider trainings, at professional development conferences and parenting workshops. Session participants will be invited to enter into the action, and will take away concrete ideas on how to use interactive role play in adult professional trainings and parenting workshops to bridge the communication gap between youth and adults.

### Teen Panel Discussion

Facilitated discussion by a panel of youth regarding issues impacting teens in today's world.

**Adolescent Sexuality Conference**  
**Seaside Convention Center**  
**April 6-7, 2009**

**Agenda at a Glance**

**Monday, April 6, 2009**

7:30 AM – 8:30 AM	Registration Continental Breakfast Exhibit Area Open
8:30 AM – 8:45 AM	Welcome/Announcements <b>Aylett Wright</b>
8:45 AM – 10:00 AM	Keynote Speaker <b>Glynis Shea, BA</b> <b>Communications Coordinator</b> <b>at University of Minnesota</b>
10:00 AM – 10:30 AM	Break
10:30 AM – 12:00 PM	Workshops A1 – A8
12:00 PM – 1:30 PM	Lunch <b>Round table, affinity group</b> <b>discussions lead by</b> <b>community partners</b>
1:30 PM – 3:00 PM	Workshops B1 – B8
3:00 PM – 3:15 PM	Break
3:15 PM – 4:45 PM	Workshops C1 – C8
7:00 PM	Evening Event – Ice Cream Social <b>Planned Parenthood of</b> <b>Southwest Oregon Teen</b> <b>Theatre Members</b>

**Tuesday, April 7, 2009**

7:30 AM – 8:45 AM	Continental Breakfast Announcements <b>Aylett Wright</b>
8:45 AM – 10:00 AM	<b>Teen Panel Discussion</b>
10:00 AM – 10:20 AM	Break
10:30 AM – 12:00 PM	Workshops D1 – D8
12:00 PM – 1:15 PM	Lunch Keynote Speaker <b>Barbara Huberman, RN, BSN,</b> <b>MEd, Director of Education and</b> <b>Outreach, Advocates for Youth</b>
1:15 PM – 2:45 PM	Workshops E1 – E8  Adjourn Have a safe trip home

## CONFERENCE WORKSHOPS

### **A1 – Defending the Adolescent Brain**

**Glynis Shea, BA**

For youth practitioners and health professionals, there is no hotter topic than the adolescent brain. While the research offers us insights that can guide and improve our practice, it also raises concerns. Will it be used to justify policy that can have harmful implications for young people? Are the rights adolescents currently have even more at risk?

In this participatory workshop we'll discuss these concerns and generate talking points intended to further the debate and re-frame the discussion.

**(Intended Audience: All conference attendees)**

### **A2 – Rites of Passage: Navigating Adolescent Sexuality & Eating Disorders**

**Kim Grynick, MA, LPC**

Kim will present an interactive-lecture-based workshop which will draw participants into experiential interventions around the important passages from childhood to adolescent sexuality, including an explanation of how eating disorders are a well-intentioned but faulty attempt at a rite of passage identity development. Participants will leave this presentation with specific skills and the inspiration needed to be a leader in supporting healthy body image and sexuality in adolescent girls as they become young women.

**(Intended Audience: All conference attendees)**

### **A3 – H.O.P.E. (High School, Offering, Parenting, Education)**

**Carol Harper, Pregnant Parenting Program**

Pregnant/parenting students will be giving a presentation on our unique program. The presentation will include a PowerPoint on how our program works and students will share their experiences. Our program is unique in that we do not have on-site child care. Students bring their children with them.

**(Intended Audience: All conference attendees)**

### **A4 – Comprehensive Sexuality Education: All Students, All Schools, It's the Law**

**Brad Victor, MAT**

Participants will understand the revisions to Oregon Administrative Rule 581-022-1440 and Oregon Revised Statute 336.455. Participants will learn ways to advocate for comprehensive sexuality education that meet the needs of all students in their schools and communities.

**(Intended Audience: All conference attendees)**

### **A5 – HPV: Creating the Right Message**

**Heather McLeod, ARNP**

Up to 80% of people can be expected to contract the Human Papillomavirus (HPV) at some time in their lives. This workshop will briefly cover HPV types, transmission, infection, and outcomes, and will then focus on the common questions that youth have regarding this STI. Youth co-presenters will inform us directly of their peers concerns, and participants will have a chance to practice responding to common questions succinctly, yet in an accurate, empowering, sensitive way.

**(Intended Audience: All conference attendees)**

### **A6 – African American Rites of Passage Exploration and Its Efficacy on Youth Reform**

**Tina Marie Glover, MS Ed., QMHP, CADC II, NCAC II, LM Alaiyo Foster, MA Ed., QMHP, NCC**

Rites of passage programs empower African American adolescents by celebrating their coming-of-age transformation. Through examination of current rites of passage programs we will explore the benefits of these programs to African Americans. In addition a look at the aforementioned programs will serve as a foundation for establishing a need for rites of passage programs and/or improving current programs in predominantly white communities with strong Black representation.

Workshop addresses the need for re-education of ancestral contributions, identification with cultural heritage and recognition of changes as a sign of maturation in African American adolescents in this interactive discussion.

**(Intended Audience: Provider, Community Member, Educators)**

### **A7 – Planned Parenthood's International Adolescent Framework**

**Kelly Carnwath, Gabriela Schwed**

This presentation describes the innovative adolescent framework that guides Planned Parenthood's work with youth internationally. Both domestic and international programs could benefit by learning about some of the successful strategies that Planned Parenthood partners use overseas to improve sexual and reproductive health among youth.

**(Intended Audience: Educators)**

## **A8 – Meeting the Needs of All Our Youth: Gay, Lesbian, Bisexual, Transgender, Queer and Questioning Youth in the Social Service and Juvenile Justice Systems**

*Dawn Holt, MA, Ron Brey*

The National Center for Lesbian Rights reported in 2005 that 4-10 percent of the total detained youth in the juvenile justice system are gay, lesbian, bisexual, transgender, queer or questioning (LGBTQQ). Equity Foundation formed a Juvenile Justice Task Force to explore the largely unrecognized problem of LGBTQQ youth in the juvenile justice system. This workshop will present data the Task Force assembled from Portland Metro area social service providers about LGBTQQ youth in the juvenile justice system, and information obtained from a one day Juvenile Justice Summit held in May of 2008 in Portland. Participants can expect to take away an increased understanding of the factors that lead to overrepresentation of LGBTQQ youth in the juvenile justice system, implications as to cross-system training needs for State and social service workers, and practical tips for working with LGBTQQ youth.

**(Intended Audience: All conference attendees)**

## **B1 – Putting Positive Youth Development (PYD) into Practice**

*Pamela Olsen, Connie Carley*

What do we mean when we say Positive Youth Development? Come and explore what the research tells us about positive youth development and what it means for our youth and our communities. The session will also engage participants in interactive ways to help them put positive youth development into practice.

**(Intended Audience: All conference attendees)**

## **B2 – How To Be An Ally to Sexual & Gender Minority Youth**

*Mehera Sheu*

The only program of its kind in Oregon, Bridge 13 is designed to help people understand the experiences and culture of LGBTQ youth. Bridge 13 provides community members, educators, and social service providers with tools to work more effectively with the sexual and gender minority population. The goal of this presentation will be to educate participants about the risk factors LGBTQ youth face, appropriate terminology used in the community, strategies on ways to combat bullying and discriminatory language, how to advertise yourself as an ally to LGBTQ youth, and ways to create safe and welcoming spaces for these people. This workshop will serve as an introduction to LGBTQ issues and would be helpful in preparing folks who are not familiar with the LGBTQ community.

**(Intended Audience: All conference attendees)**

## **B3 – Dynamic Theatre Exercises in Everyday Training**

*1 + 1 = 3 THEATRE and Tim McLeod*

*Troupe Members: Adam, Annalise, Dontavious, Julie, Mandy, Mara, Melanie*

In this 3 hour workshop we will explore how to use theatre techniques in “small ways” as opposed to larger plays and scripts. Participants will explore how to use interactive techniques *as learning vehicles* for sexual health training concepts and apply these in their own work. Major tools include an introduction to “Playback” techniques, “Image” techniques, and “Forum” techniques as well as practical integration of these forms with small group discussion.

**(Intended Audience: All conference attendees)**

## **B4 – The Health Education Curriculum Analysis Tool; a Tool for Districts to Analyze Sexual Health Curriculum**

*Jess Bogli, Maesie Speer*

This is a 3 hour workshop discussing HECAT which is a tool that Centers for Disease Control and Prevention develop to allow teachers, districts and states to analyze curriculum for best fit in their community. This workshop will provide an overview of the tool and allow participants to practice using sections of it using sexual health curricula.

**(Intended Audience: Educators)**

## **B5 – Young Parents Speak Out: The Responsibilities and Realities of Young Parenting**

*The Futures Peer Education Panel, Krista Nelson, Coordinator*

The Futures Peer Education Panel, based out of Women's Opportunity and Resource Development, is a group of young parents who present about the responsibilities and realities of young parenting. Drawing upon their own life experiences, knowledge of teen pregnancy and commitment to prevention, Panel members strive to make a difference in the lives of youth. This interactive presentation will include relevant information about the prevention of unintended pregnancy and open dialogue about the unique challenges young families face.

**(Intended Audience: All conference attendees)**

## **B6 – Sexuality for Young Adults with Disabilities**

*Susan Labhard, MSN, RN*

This workshop explores how to approach the subject of sexuality for young adults with developmental/physical disabilities through healthy relationships and sexual development. Useful tips are provided to allow the participant to explore options and avoid risks. Illustrations and videos are appropriate for a variety of audiences and topics presented in a creative and professional manner. Health professionals, teachers and parents will come away from this experience with knowledge to make a difference for those adolescents and young adults that they care about. It is worth attending for the references alone!

**(Intended Audience: All conference attendees)**

## **B7 – Stop the Silence: Promoting STD/HIV Awareness in Indian Country**

**Stephanie Craig Rushing, MPH**

This interactive presentation will explore unique issues affecting STD/HIV prevention in NW American Indian communities and will share a variety of resources and interventions adapted and/or implemented by Tribes in the NW, including several STD/HIV social marketing campaigns, the Safer Snaggin peer education program, the school-based chlamydia screening initiative, and the Native STAND curriculum.

(Intended Audience: All conference attendees)

## **B8 – Online Safety As We Know It**

**L. Kris Gowen, PhD, EdM**

Turn on the news and it is almost impossible to avoid stories about the dangers of the internet -- especially for teens. So far, the solution to protecting our youth seems to focus on eliminating dangerous persons from cyberspace and scaring youth into being more careful online. But such an approach over-simplifies the real issue: cyberspace is a domain in which youth live, grow and learn, and using a fear-based approach to education is no way to teach youth how to use the internet wisely and safely. This workshop will focus on the real key issues behind keeping youth safe online.

(Intended Audience: Educators)

## **C1 – Human Trafficking – Underage Prostitution**

**Keith Bickford, Deputy, Multnomah County Sheriff's Office**

Working as the State of Oregon Human Trafficking Coordinator since October 2007, I have been involved in both Domestic Trafficking as well as International Trafficking. This workshop will educate people about Human Trafficking, what we can do to help, and services.

(Intended Audience: All conference attendees)

## **C2 – Cross Cultural Exchange**

**Caroline M. Cruz, Jill Dale, Joanne Trzcinski**

This is an experimental activity developed by Education & Training Consultants (ETC) that creates opportunities for participants to experience cross-cultural communication in multicultural environments. This process results in deeper understanding of assumptions and misconceptions; stereotyping and prejudice; group identity and belonging; non-verbal patterns of communication; conflict development and resolution; and the depth and complexity of cultures.

(Intended Audience: All conference attendees)

## **C3 – Continued session from B3**

## **C4 – Continued session from B4**

## **C5 – Parents, Families and Friends of Lesbians and Gays: Sharing our Stories**

**Teri Noble, Dawn Holt, MA**

Parents, Families and Friends of Lesbian and Gays (PFLAG) was founded in 1972 by Jeanne Manford after walking with her gay son in New York City's Gay Pride parade. From Ms. Manford's groundbreaking request that "Parents of Gays, Unite in Support of our Children" began a 35 year-long conversation among parents about their gay, lesbian, bisexual and transgender children.

PFLAG's mission is to promote the health and well-being of gay, lesbian, bisexual and transgender (GLBT) persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. PFLAG invites you to join our panel of parents to hear their unique perspective on what it means to love, accept and support our GLBT children.

(Intended Audience: All conference attendees)

## **C6 – Speaking Peace, Creating Change: the Paradigm Shift from Control to Connection**

**MaryClare Foecke**

In a domination culture that suppresses emotional literacy, the language we're taught fosters judgment and conflict instead of connection and empowerment – whether it's with family, friends, partners or clients. This interactive and playful communication workshop explores the terrain of feelings and universal needs to transform judgments and criticism into understanding and connection, and to break patterns of thinking that lead to arguments, anger and depression.

(Intended Audience: All conference attendees)

## **C7 – An In-Depth Look at the Rational Enquirer**

**Jessica Duke**

A session for Youth and Adults – Please join us for a focused discussion on this year's edition of the "Rational Enquirer" magazine. Tell us what you like about it. Tell us what you don't like about it. Tell us how you use the Rational Enquirer in your work with youth. Tell us if the articles are informative and useful to you. Let us know how we can make it better.

(Intended Audience: All conference attendees)

## **C8 – Youth in Action: Leadership Development through Youth-Created Projects**

**STARS Teen Advisory Board, Katherine Humphrey, MS, Oliver J. Vera**

Through leadership development and active participation, youth gain a sense of their own ability to impact change in their communities. Teen Advisory Board members will share the process of and outcomes from youth-created projects, and engage participants in a discussion about the social and civic competencies youth develop through participatory approaches that help them explore the roles they will fulfill in the future.

(Intended Audience: All conference attendees)

## **D1 – Teen Dating Violence: What Can We Do?**

*TEEN, the Teen Education and Empowerment Network c/o  
Lauren Paulk, Claire Barrera*

With one in three teens reporting that they have experienced domestic or dating violence, strategies of supporting teens and preventing further violence are important tools for educators, providers, community members, and youth advocates everywhere. This interactive presentation will identify the unique challenges of teen dating violence, ways to support teens who have been affected by violence, and strategies for prevention.  
(Intended Audience: All conference attendees)

## **D2 – Thinking Outside the Box: Queer Youth Program in Rural Areas**

*Aylett Wright, Heather Laurie*

The workshop will examine the inception and implementation of the Queer and Allied Youth Program in Central Oregon, and how Human Dignity Coalition and Planned Parenthood have worked in coalition to provide support and resources for hundreds of local LGBTQ youth. Additionally, we will identify and explore the gaps in appropriate LGBTQ youth services in rural areas, and how the barriers that LGBTQ youth face in Central Oregon are reflective of the challenges of LGBTQ youth in other rural areas.

(Intended Audience: All conference attendees)

## **D3 – Engaging Youth in Local Data Collection Efforts**

*High School Members of TADA – Teens Against Drugs & Alcohol Student Prevention Coalition, Andrea Tyler, MS, CPS*

The student prevention coalition TADA, Teens Against Drugs & Alcohol, has worked closely with their local prevention agency since 2005 to develop and implement a local youth survey in all high schools in their county. This survey provides much-needed data for local service providers and schools, and assists in determining the focus of awareness campaigns, education, prevention efforts, and youth-led projects.

Youth presenters will highlight the role of TADA members in the survey process, including identifying questions and data needs, development of the survey instrument, methods used to gain the support of local school administrators, substantiated and disproved hypotheses, survey results, and recommendations for future evaluation improvements. Participants will learn how they may conduct surveys in their own communities regardless of funding constraints, population size, or reluctance to participate by local partners.

(Intended Audience: All conference attendees)

## **D4 – What’s All the Fuss About Best Practices**

*Greta Coe, CPS, Lawrence Piper, CPS*

This interactive workshop will introduce participants to a step by step approach to match risk area with appropriate program decision. Presenters will demonstrate methods and resources for programs to effectively and efficiently select and implement best practices.

(Intended Audience: All conference attendees)

## **D5 – Improving Access to Emergency Contraception for Males in King County, WA**

*Madeleine Frey, Celia Thomas*

During this presentation, we plan to share our findings from a Master’s thesis project which aimed to improve male involvement in the conversation about birth control. We will first present results from focus groups with young men and other key informants about knowledge and attitudes toward birth control. We will then describe the process we used to create an outreach and educational campaign about birth control, specifically Emergency Contraception, targeting young males in King County. Lastly, we will engage workshop participants in assessing their own communities needs in this area, and designing outreach materials accordingly. The presentation will take approximately 30-45 minutes.

(Intended Audience: All conference attendees)

## **D6 – What’s up with HIV? Expanding Youth Activism and Understanding of HIV/AIDS**

*Shelagh Johnson*

Over the last 25 years there have been many changes when it comes to HIV/AIDS. As providers of sexuality education we know that teaching about HIV is mandatory, but that doesn’t mean that we have to do it the same old way. This session will provide up-to-date HIV/AIDS information as well as introduce educational activities about HIV that are relevant to youth. Learn new and fun activities that will raise awareness and action related to the AIDS pandemic, while also building skills in order to prevent HIV transmission.

(Intended Audience: All conference attendees)

## **D7 – One Style Doesn’t Fit All; Oregon’s Family Planning Marketing Campaign to Increase Use of Services for Youth**

*Jon McDaid, MA, Lesli Uebel, Nicole Browning*

Learn about Family Planning Expansion Project (FPEP) no-cost contraceptive services for youth and innovative ways the State of Oregon DHS Family Planning Program is making FPEP accessible to youth. With PowerPoint and discussion, this workshop will cover the current One Style Doesn’t Fit All marketing campaign targeting **Today’s Youth** to access these no-cost birth control services in their community. Content will exam teen sexual activity trends, pregnancy rates and how family planning services can help youth make healthier choices.

(Intended Audience: Providers, Educators, Parents, Community Members)

## **D8 – M.A.R.S. Behind Bars**

*Brian Dekker, BS, Andrew Chuinard, BS*

The M.A.R.S. Behind Bars Program aims to increase reproductive and sexual health knowledge, attitudes, responsible decision-making and self-efficacy among incarcerated youth in Linn and Benton Counties. The M.A.R.S. Behind Bars Program is a peer-to-peer education program providing interventions in county juvenile correctional facilities, promoting partnerships among Linn and Benton Counties through the Juvenile Detention Centers, the Yes House, Benton County Health Department and other key providers serving high risk men.

(Intended Audience: All conference attendees)

## **E1 – Building and Sustaining State Organizations to Address Adolescent Sexual Risk Taking**

**Barbara Huberman, RN, BSN, MEd**

This workshop will focus on key concepts in the development and maintenance of statewide organizations that address adolescent sexual risk taking behaviors, their consequences and their prevention. Several state models will be explored and examples offered that demonstrate their programs, activities, organizational structure and impact to date. “Lessons Learned” from existing organizations will be shared as well as an analysis of the operation of organizations in two states.

**(Intended Audience: All conference attendees)**

## **E2 – Alcohol and the Teen Brain: A Neural Safari**

**Jennifer Estroff, Andrea Easlick**

**What were you thinking? I don’t know!**

For anyone who has ever had this interaction with a teen, this Neural Safari may lead you to enlightenment of the answers you seek.

Using a slew of interactive methods, your intrepid guides will take you on a virtual tour of the adolescent brain from the onset of puberty, through the jungle of the college years and beyond.

Right at the metaphorical moment when a teen brain is most likely to take risks (tease the sleeping lion) peer alcohol use is often added into the mix (like a hyena into a herd of zebras). Learn the ins and outs of adolescent thought, decision-making, risk-taking, and talking back, with and without the impacts of alcohol.

**(Intended Audience: All conference attendees)**

## **E3 – Yes We Can! Prevent Sexual Violence by Promoting Healthy Sexuality**

**Brie Akins, MA, Emilee Coulter-Thompson, MSW, Lori Buchanan, MA**

Can we really prevent sexual violence? Or speak openly about healthy youth sexuality? *Yes We Can!* This is our chance to talk about two taboo subjects, sex and violence, and how they are connected. Through dialogue and fun activities, we will explore how promoting a positive vision of healthy sexuality can prevent sexual violence from ever occurring; and how primary prevention can revolutionize the way that you think about and do your work. You will learn strategies on how to build alliances across issues (HIV/STIs, unintended pregnancy, queer rights, antiviolence, etc.) and how to incorporate sexual violence prevention into the work that you already do.

**(Intended Audience: Providers)**

## **E4 – Pregnancy Options Dialogue: Reproductive Justice and Youth**

**Jodi Bernstein, MEd., Maggie Roberts, Heather Baeckel and youth**

When a young person faces an unintended pregnancy, he or she is faced with some important considerations and decisions. In this interactive workshop led by youth and staff from Planned Parenthood, Open Adoption & Family Services, and Insights Teen Parent Services, participants will explore their own values and biases about the three pregnancy options. They will then receive a short presentation about each option, including up to date information and current practices, which can serve to offset common cultural myths and stereotypes. Lastly, working collaboratively, participants will draft a statement articulating the elements that need to be included in pregnancy options counseling/education.

**(Intended Audience: All conference attendees)**

## **E5 – Sexual Pleasure – Let’s Talk About It!**

**Molly Franks, MPH**

With all the focus on disease and pregnancy prevention, we often don’t talk much about a big reason people, including young people, are interested in exploring sexuality...it can feel great! This session will explore the role of sexual pleasure in sexual health. How can we increase our own comfort talking about the importance of pleasure, and encourage youth to explore their sexuality in ways that are satisfying, safe, and promote their own well-being?

**(Intended Audience: All conference attendees)**

## **E6 – Reaching Pregnant & Parenting Teens with Healthy Start: Outreach through Schools and Public Benefit Programs**

**Natalie York, BS, Rose I. Wilde, MPH**

Using a real life example of a collaborative project to reduce infant mortality, the presenters will address how to effectively use community collaboration as a way to identify and meet the needs of your community, how to make connections within your community, and how to find the funding and support for projects within your community. Using interactive techniques and guided discussion, the presenters will demonstrate how to create “elevator speeches” and effective tools for community networking and collaboration.

**(Intended Audience: Providers)**

## **E7 – Hepatitis 101, Basics You Should Know**

**Ann Shindo, PhD**

This session will provide the basic transmission, prevention, and education information that providers need when working with youth. Youth-specific risks will be taken into consideration and ideas regarding viral hepatitis integration will be shared.

**(Intended Audience: All conference attendees)**

## **E8 – In the Shoes of Teen Parents: Highlights of a Successful Program**

### ***Leadership Students from the Continuing Education for Young Parents Program at Merlo Station High School***

Join us for a student created multi-media presentation of the Continuing Education for Young Parents Program at Merlo Station High School in Beaverton. Hear real life successes and challenges as told by the teen parents themselves through video, slide, and poster presentation. Participants will also have an opportunity to engage in an interactive question and answer session with our teen parent panel. Hear from the Teen Parent Leadership Class on what has worked best to support them in completing their education AND raising their families. Come prepared to learn and to have your assumptions challenged!

**(Intended Audience: All conference attendees)**

# Keynote Speaker Information

## **Glynis Shea, BA**

Glynis Shea is Communications Coordinator for the Division of Adolescent Health at the University of Minnesota. Glynis received her BA from Mount Holyoke College and has worked in the marketing communications field for 18 years.

Ms. Shea brings a wealth of professional experience to her position. As a former Vice President at Saatchi & Saatchi Advertising San Francisco, Glynis has managed the production of TV, print and radio advertising, fielded national market research efforts, lead new business presentations, pioneered new advertising approaches, and coordinated international account services.

Ms. Shea's communications experience spans many different markets and audiences. Her client list includes prominent corporations including Hewlett-Packard, Blue Diamond Almond Growers, and US West Communications (now Qwest). Of particular interest in Glynis' work with the AIDS Legal Referral Panel. A pro bono client, Ms. Shea was able to apply the resources and talents of her agency team to the important work of this non-profit organization.

In an effort to shift the focus of her career, Ms. Shea joined the Division staff to work on the Konopka Institute's State Adolescent Health Resource Center. Since that time she has also been tapped to assist the Prevention Resource Center's work on a Minnesota State Plan for Teen Pregnancy and Prevention. Glynis' strategic marketing and communications skills in combination with her writing, project management, production, technology, editing, graphic design and team building skills have proven to be valuable assets for the Division.

## **Barbara Kemp Huberman, RN, BSN, MEd**

Barbara Kemp Huberman has been actively involved in sexuality education and adolescent sexual health for almost 40 years. She holds a Bachelor's Degree in Nursing from the University of Florida and a Masters in Education from the University of North Carolina. She is a certified sexuality educator and counselor and was one of the first Lamaze childbirth instructors and trainers in the U.S. Ms. Huberman has authored books on teen pregnancy prevention, building community and state councils on teen pregnancy prevention, and co-authored the widely recognized monograph "European Approaches to Adolescent Sexual Behavior and Responsibility." Published in professional journals and author of "299 Ways to Prevent Teen Pregnancy, she has been an invited lecturer at many colleges, universities, and conferences in over 20 countries.

A past president of the National Organization on Adolescent Pregnancy, Parenting and Prevention, vice president of Lamaze International, Ms. Huberman was also a founding board member of the National Campaign to Prevent Teen Pregnancy. She is the founder of "Let's Talk Month", now an international campaign each October to support parents and families in their role as sexuality educators of their children and "Teen Pregnancy Prevention Month" each May. She has authored implementation manuals on both these public education campaigns and developed curricula and videos on parent child communication about sex. She has recently completed a curriculum for the workplace on sexuality and parent child communication.

At the present time she is the National Director of Education and Outreach for Advocates for Youth in Washington D.C. and the coordinator of the Rights. Respect. Responsibility.® National Campaign, based on the lessons learned from conducting annual study tours to Western Europe, for educators, health providers, policy makers, media agents, and youth advocates.

# Keynote Speaker Information (cont.)

## **Kyndra Laughery, Teen Theatre Coordinator, Shannon Kilduff, Youth Advocacy Coordinator, and Planned Parenthood Teen Theatre Members**

Kyndra Laughery is the Teen Theatre coordinator, overseeing the transition of the group to include more interactive theatre. In interactive theatre, teen actors/peer educators portray characters and situations commonly faced by teens, including scenarios that involve teen-adult communication. Teen leaders then interact with participants through question and answer and role-play. Audience members are invited to enter into role-plays using communication strategies to improve the situation. Kyndra has many years experience teaching and leading improvisational theatre with youth. The Teen Theatre members have several months experience presenting interactive theatre scenes to both adult and youth groups.

### **Overview of Content:**

Planned Parenthood received a grant from the National Institutes of Reproductive Health in Spring 2008, as part of an Adolescent Health Care Communication Project, involving teens in the training of health care professionals. Youth created realistic teen characters, then role-played adolescent "clients" during simulated social/sexual health history interviews with health care workers and nurses in training. Teens provided feedback, with suggestions on how adult health care providers could improve their communication with teens, and improve the delivery of sexual health services to young people. Teens who participated in this project will share their experiences, and demonstrate interactive role- plays used in these trainings. The Teen Theatre has also used role-plays and interactive theatre in trainings for parents and adults who work with youth, and will demonstrate sample role plays. Session participants will be invited to enter into the role-play scenarios presented.

**2009 Adolescent Sexuality Conference  
April 6-7, 2009  
Seaside Convention Center  
415 First Avenue  
Seaside, OR 97138**

**Today's Youth, Tomorrow's Voice**

## Exhibitor Form

Organization Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

Contact Person: \_\_\_\_\_ E-mail: \_\_\_\_\_

Person(s) who will staff the table: \_\_\_\_\_

- Yes, I would like an Exhibit Table; Non-Profit Exhibitor: \$ 60.00  
 Yes, I would like an Exhibit Table; For-Profit Exhibitor: \$150.00

Yes, I need access to a power outlet

Other needs \_\_\_\_\_

**Return Exhibitor Form and Fees no later than March 10, 2009 to:**

Oregon Teen Pregnancy Task Force  
OTPTF  
P.O. Box 12125  
Portland, OR 97212  
Tax ID# 93-0836221

No refunds will be made for cancellations received after March 24, 2009.

Questions: Contact Lila Duncan, STD Project Coordinator  
Oregon Public Health, HIV/STD/TB Program  
Phone: 971-673-0163  
[lila.m.duncan@state.or.us](mailto:lila.m.duncan@state.or.us)

# *Today's Youth - Tomorrow's Voice*

## **Conference Sponsors and Supporters**

Thank you to the following organizations for their generous support for the  
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## **Directions to Seaside**

### **From Portland International Airport:**

Take Airport Way to I-205 S  
Follow I-205 S towards PORTLAND/I-84/SALEM, merge onto I-84 W  
Take the I-5 S exit on the left towards SALEM, merge onto I-5 S  
Take the I-405 exit on the left towards US-26/BEAVERTON/CITY CENTER  
Merge onto I-405 N  
Take the US-26 W/12th AVE. exit, exit number 1D, towards Beaverton  
Merge onto US-26 W, follow US-26 W to Hwy 101 junction  
Turn right onto Hwy 101 N and follow the signs to Seaside

### **From Seattle, Washington (I-5 South):**

Take I-5 S towards Portland, OR  
Take the I-405 exit towards BEAVERTON/US-30 W/St. Helens/Ocean Beaches  
Merge onto I-405 S  
Take the US-26 W, exit number 1D, towards Beaverton  
Merge onto US-26 W, follow US-26 W to Hwy 101 junction  
Turn right onto Hwy 101 N and follow the signs to Seaside

### **From Salem, Oregon (I-5 North):**

Take I-5 N towards Portland, OR  
Take the OR-217 exit, exit #292, towards TIGARD/BEAVERTON  
Keep right at the fork in the ramp  
Merge onto OR-217 N  
Take the US-26 W exit on the left towards TILLAMOOK/ASTORIA  
Merge onto US-26 W, follow US-26 W to Hwy 101 junction  
Turn right onto Hwy 101 N and follow the signs to Seaside