

New Bone Health Campaign Helps Girls Build Their *Best Bones Forever!*

<http://www.bestbonesforever.gov>.

Ways you can get involved in helping girls build strong bones:

1. Add a link to *Best Bones Forever!* to your website: If you would like to link to the website for girls or parents, please contact me and I can send you the linking guidelines and logo.
2. Distribute special *Best Bones Forever!* materials to the girls you serve and their parents. Materials available include:
 - a. Best Journal Ever!
 - b. Posters (set of 5)
 - c. Magnets (set of 3; two for girls, one for parents)
 - d. Book covers (green or black)
 - e. Temporary tattoos
 - f. Booklet: Act Now: A Parent's Guide to Girls' Bone Health (English or Spanish)

If you would like to order any of the above materials, please send me an e-mail that includes:

- Your name, title, organization
- Mailing address
- How you will use the materials you order/who you will distribute them to
- Which materials above you want and how many of each (maximum quantity for each item is 50)

Please let me know if you have any questions.

Thank you!

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