

Draft of new OAR for mailing supplies, along with procedure/protocol Guidelines

Proposed Rule

(5) Access to Care

(C) Clinics with the appropriate license from the Oregon Board of Pharmacy may offer established clients the option of receiving their contraceptive methods by mail.

(i) Use of this option is at the discretion of the client; it cannot be offered as the only way in which to receive supplies.

(ii) Contraceptive methods that require a written prescription may only be mailed to established clients who have been using the method(s) for at least three months, with no problems or contraindications.

(iii) Non-prescription methods may be mailed to any established client, irrespective of the client's previous use of the method(s).

(iv) Clients must not incur any cost for the option of receiving contraceptive methods through the mail.

(v) Clinics must package and mail supplies in a manner that ensures the integrity of contraceptive packaging and effectiveness of the method upon delivery.

In Definitions section of FPEP OARs:

Established client: A person who has been obtaining contraceptive services/supplies from the prescribing clinic for a minimum of 3 consecutive months.

Policy & Procedural Guidelines (not part of the rule):

1. An appropriate Oregon Board of Pharmacy (BOP) license is required to be able to mail contraceptive supplies. Facilities licensed *only* as County Health Clinics will not be able to offer clients this option; those licensed as Family Planning Clinics or as Retail or Institutional Drug Outlets should be able to do so. Clinics are responsible for verifying with the BOP that they are correctly licensed.
2. The option of receiving contraceptive supplies through the mail should only be made available to established clients. Clients must still be seen face-to-face for the initial visit, for the follow-up visit after initiation of a new method, and for any other medically necessary follow-up.
3. Any self-administered contraceptive method may be mailed, including prescription methods and non-prescription methods such as condoms and Emergency Contraception for clients of the appropriate age.
4. Clients should receive the same amount of contraceptive supplies whether they choose to receive those supplies in person or by mail.